

SOUTHERN REGIONAL HIGH SCHOOL

MEAL TICKETS MAY BE PURCHASED IN ADVANCE

AVAILABLE DAILY: ASST, FRUITS, VEGETABLE, WG BREAD, CHOICE OF 1% or FF FLAVORED MILK

Lunch: \$2.95 Premium: \$3.30	Monday 9/24	Tuesday 9/25	Wednesday 9/26	Thursday 9/27	Friday 9/28
FAVORITES 	Build a Burger Bar Sweet Potato Wedges Carrot Sticks Romaine Salad Fruit 1% or FF Milk	Triple Dipper Tuesday Buffalo Chicken Bites Pretzel Nuggets & French Fries Romaine Salad Fruit 1% or FF Milk	Chicken Ranch Sandwich Sautéed Spinach Romaine Salad Fruit 1% or FF Milk	Nacho Bar w/ Fixings Tomato Salsa Refried Beans Romaine Salad Fruit 1% or FF Milk	Fish Sticks w/ Crabby Fries and Cole Slaw Celery Sticks Romaine Salad Fruit 1% or FF Milk
GRILL 	Chicken Patty Meatball Sub Twin Hot Dog Sweet Potato Wedges Carrot Sticks Romaine Salad Fruit 1% or FF Milk	Cheese Steak Hamburger Cheeseburger Peas Romaine Salad Fruit 1% or FF Milk	Buffalo Chicken Patty Hamburger Cheeseburger Sautéed Spinach Romaine Salad Fruit 1% or FF Milk	Rib-a Que Sandwich Hamburger Cheeseburger Tomato Salsa Refried Beans Romaine Salad Fruit 1% or FF Milk	Meatball Sub Chicken Patty Hamburger Cheeseburger Celery Sticks Romaine Salad Fruit 1% or FF Milk
PIZZA 	Pepperoni Pizza Cheese Pizza ---- Sweet Potato Wedges Carrot Sticks Romaine Salad Fruit 1% or FF Milk	Buffalo Chicken Pizza Cheese Pizza ---- Peas Romaine Salad Fruit 1% or FF Milk	White Pizza Pepperoni Pizza Cheese Pizza ---- Sautéed Spinach Romaine Salad Fruit 1% or FF Milk	BBQ Chicken Pizza Pepperoni Pizza Cheese Pizza Tomato Salsa Refried Beans Romaine Salad Fruit 1% or FF Milk	Cheese Pizza Vegetable Pizza Meat Lovers --- Celery Sticks Romaine Salad Fruit 1% or FF Milk
PASTA 	Macaroni & Cheese w/ Roll ----- Sweet Potato Wedges Carrot Sticks Romaine Salad Fruit 1% or FF Milk	Pasta & Meatballs w/ Garlic Bread ---- Peas Romaine Salad Fruit 1% or FF Milk	Buffalo Chicken Mac w/ Dinner Roll ----- Sautéed Spinach Romaine Salad Fruit 1% or FF Milk	Pasta w/ Alfredo Sauce w/ Garlic Bread ---- Tomato Salsa Refried Beans Romaine Salad Fruit 1% or FF Milk	Macaroni & Cheese w/ Garlic Bread --- Celery Sticks Romaine Salad Fruit 1% or FF Milk
SANDWICHES 	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Sweet Potato Wedges Carrot Sticks Romaine Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Peas Romaine Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Sautéed Spinach Romaine Salad Fruit 1% or F F Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Tomato Salsa Refried Beans Romaine Salad Fruit 1% or FF Milk	Wraps & Sandwiches Wheat Bread Or Hoagie Roll Celery Sticks Romaine Salad Fruit 1% or FF Milk
SALAD BAR 	Salad Bar \$3.10 Adults \$3.85 per lb. Dinner Roll Boxed Lunch: Hummus w/ Veggies	Salad Bar \$3.10 Adults \$3.85 per lb. Dinner Roll Boxed Lunch: Cheese & Crackers	Salad Bar \$3.10 Adults \$3.85 per lb. Dinner Roll Boxed Lunch: Hummus w/ Veggies	Salad Bar \$3.10 Adults \$3.85 per lb. Dinner Roll Boxed Lunch: Cheese & Crackers	Salad Bar \$3.10 Adults \$3.85 per lb. Dinner Roll Boxed Lunch: Hummus w/ Veggies
STUDENT LUNCH \$2.95 - PREMIUM LUNCH \$3.30					

CAFETERIA MANAGERS: 11/12 Pat Parker ext. 4419. Menu Subject to Change